VIRGINIA BEACH 10 MILER & 5K
PRESENTED BY Sentara
10 MILE
COURSE MAP
MAY 9, 2026
START TIME 8AM
33RD ST
27TH ST
BOARDWALK
BALTIC AVE
ATLANTIC AVE
VIRGINIA BEACH CONVENTION CENTER
19TH ST
17TH ST
VIRGINIA BEACH BLVD
ENDURANCE
10 MILE START
12TH STREET & PACIFIC
12TH ST
NORFOLK AVE
PACIFIC AVE
10 MILE FINISH
BOARDWALK & 11TH ST.
5TH ST
2ND ST
GENERAL BOOTH BLVD
S BIRDNECK RD
MAP KEY
10 MILE ROUTE
MILE MARKERS
VIRGINIA AQUARIUM
RUDEE INLET BRIDGE
NEPTUNE PARK / NEPTUNE STATUE
WATER & GATORADE ENDURANCE STATION
ELEVATION
START
MAX
GAIN
13 FT
67 FT
198 FT
149 FT
72 FT
-3 FT
-77 FT
1.5 mi
3.4 mi
5.6 mi
8.4 mi